

Modeling team knowledge sharing and team flexibility: The role of within-team competition

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Abstract

This study examines the role of within-team competition (i.e. team hypercompetition and team development competition) in a team process. We developed and tested a model that associates team collectivism as the antecedent of within-team competition, and knowledge sharing and team flexibility as the outcomes. The model was empirically tested with data from 141 knowledge-intensive teams. The empirical findings showed that team collectivism had a positive relationship with team development competition and a negative relationship with team hypercompetition. Regarding the outcomes, team development competition and team hypercompetition had an indirect relationship with knowledge sharing and team flexibility through team empowerment. We offer a number of original contributions to the team effectiveness literature, especially by showing that team hypercompetition and team development competition have different impacts on team knowledge sharing and team flexibility.

Keywords

knowledge sharing, team collectivism, team empowerment, team flexibility, within-team competition

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Teamwork forms a crucial element of work processes (Mathieu et al., 2008; Mitchell et al., 2011; Nielsen and Daniels, 2012; Van Knippenberg et al., 2011). One important within-team interaction that may influence team effectiveness is within-team competition (Tjosvold et al., 2003a), which has generated widespread debate, proposing two contrasting views (Fletcher et al., 2008). One view is that competition helps achieve collective outcomes because it encourages people to do their best (e.g. Crawford and LePine, 2012). Another view is that competition is unhealthy, because it discourages people from working together and from helping each other, hence undermining the collective performance (e.g. Zhang et al., 2011).

This debate largely centers on one assumption about competition – that it is driven only by an aim to maximize personal benefit. This assumption could be problematic, at least for people working within the same team, with a collective goal (Chen et al., 2006; Tjosvold et al., 2004). The theory of personal competitive orientations supports two distinctive types of orientations: hypercompetition (i.e. competing to achieve personal gains and status with little concern for the means and possible harms to others) and development competition (i.e. competing for team functioning and development without a primary focus on winning against other team members) (Ryckman et al., 1994, 1996). Similarly, at the team level, within-team competition (i.e. the collective competitive orientations of the team members) may be comprised of two dimensions: team hypercompetition and team development competition. Such a distinction is particularly relevant for teams, because people working on the same team can compete with each other to maximize their personal potential in a constructive way and simultaneously enhance each other's individual performance and/or team collective performance (e.g. Tjosvold et al., 2003b).

According to the theory of competitive orientation, although much research views competition as mainly counterproductive, such a simplistic view overlooks the fact that not all forms of competition are maladaptive (Collier et al., 2010). People can learn, through the socialization process, to fit into a work group in which they compete with, rather than against, others to accomplish their collective goals (Collier et al., 2010; Sampson, 1988; Wilson, 1993). With the cultivation of development competition among team members, they are able to remain more psychologically healthy by following team rules during their competition with each other and focus on the benefit of the entire team (Ryckman et al., 1997).

Team hypercompetition is characterized by team members' need to outperform other members on the same team with little concern for the collective benefit. As a result, hypercompetition often causes direct confrontations, as well as indirect hostility, in a zero-sum game in which individuals strive to create personal advantages and disregard the needs of members of the same team. Team development competition, however, reflects a perspective of competition as facilitating team growth. That is, team development competition stresses a fair contest among team members without hostility, jealousy or anger, and with a superior common goal of team-level achievements and growth as a whole. Development competition primarily focuses on collective growth and teamwork mastery (Ryckman et al., 1996), which offers an opportunity for learning, self-improvement and self-discovery (Collier et al., 2010; Ryckman and Hamel, 1992; Ryckman et al., 1996, 1997).

We focused on two outcomes of within-team competition – knowledge sharing and team flexibility – for several reasons. First, an effective team normally requires knowledge sharing among team members (Foss et al., 2010; Kirkman et al., 2004; Mathieu et al., 2008). Knowledge sharing refers to 'sharing task-relevant ideas, information, and suggestions with each other' (Srivastava et al., 2006: 1241). Within-team knowledge sharing represents the effectiveness of the management of a team (Furst et al., 1999) and influences organizational performance and competitive advantage (Kirkman et al., 2002). Knowledge is a critical asset for organizations (Nonaka, 1994; Staples and Webster, 2008). One important dynamic capability firms need to have to achieve a competitive advantage is the ability to boost knowledge sharing among their employees, especially with regard to team tasks (Teece et al., 1997). Yet, knowledge sharing cannot be arbitrarily forced. Team members may have reasons or motivations for hoarding their knowledge and thereby treat it as an important personal asset. Therefore, motivating team members to share their knowledge is a salient, but challenging, issue (Staples and Webster, 2008). Second, effective knowledge sharing requires the synergistic collaboration of team members working toward a common goal (Boland and Tenkasi, 1995). For the reasons described above, knowledge sharing involves some level of motivation (Gagné, 2009; Quigley et al., 2007). Within-team competition has the potential motivational power to encourage or discourage team members to share their knowledge (Hansen et al., 2005; Tjosvold et al., 2003a) and it represents a team environment that may affect knowledge sharing within the team (Zarraga and Bonache, 2003).

Second, an effective team requires high levels of team flexibility (Li et al., 2010; Townsend et al., 1998). Team flexibility refers to team adaptation (or ability) by making any adjustments necessary to continue effective responses to changing situations (Li et al., 2010; McComb et al., 2007). Team flexibility is associated with a number of benefits, including increased productivity, competitive advantages and enhanced problemsolving competency (Li et al., 2007; Manuj and Mentzer, 2008; Molleman and Slomp, 1999). Team flexibility also helps teams to cope with turbulent and volatile competitive threats effectively and to take advantage of those threats as opportunities (Johnson et al., 2001; Liu and Yetton, 2010). The extant literature has acknowledged the significance of team flexibility across various industries; however, it seldom explains how it is influenced by critical within-team competitive dynamism (Li et al., 2010), such as within-team competition.

Therefore, it is important to examine both hypercompetition and development competition at the team level with regard to their impact on both knowledge sharing and team flexibility, because the functional relationships between these constructs at different levels of analysis (e.g. individual vs team levels) can lead to different results (Chan, 1998). This study's focus on these two different types of competition can complement previous studies about cooperation, which has been widely accepted as a purely positive teamwork orientation.

Drawing on the theory of team empowerment, which is derived from self-determination theory (Srivastava et al., 2006), we argue that team empowerment mediates the effect of within-team competition on team knowledge sharing and team flexibility, largely due to the fact that within-team competition may encourage or inhibit intrinsic task motivations (e.g. team empowerment), depending on its orientation of team-development

competition or hypercompetition. Previous studies have emphasized that empowerment is a driver of flexibility (Wellins et al., 1994) and knowledge creation (Yahya and Goh, 2002). For that reason, without a thorough examination of empowerment and its impact on team flexibility and knowledge sharing as key outcomes, our understanding of this construct will remain limited, and organizational initiatives directed at building successful teamwork will remain unjustifiable and based on blind faith.

Self-determination theory argues that individuals are motivated to act (e.g. sharing knowledge) based on their inherent growth tendencies and their innate psychological needs (e.g. autonomy, competence and self-development) (Deci and Ryan, 2002). Team empowerment theory posits that when a team is more empowered, team members are more motivated to share their knowledge and enhance the team's ability to adapt to changing environments and challenging tasks (Srivastava et al., 2006). Testing the mediation effect of team empowerment is critical, as (1) team empowerment is motivational, so are within-team competition and knowledge sharing; (2) prior research has indeed found that team empowerment affects team knowledge sharing (Srivastava et al., 2006); and (3) team empowerment represents an important intrinsic motivation that stems from within-team competition (Proenca, 2007). Moreover, we add team collectivism as an antecedent of within-team competition and team empowerment. Doing so (1) allows us to control for the effect of team collectivism on team empowerment (Gundlach et al., 2006), while testing the relationship between within-team competition and empowerment; (2) enables us to confirm that team competition is distinct from its closely associated construct (i.e. team collectivism); and (3) offers a theoretical explanation of team empowerment.

This study offers a number of original theoretical contributions to the existing literature. First, it operationalizes the concept of within-team competition into two-dimensional factors and integrates them into a framework explaining the effect of within-team competition on team knowledge sharing and team flexibility. Second, it examines the mediating role of team empowerment in the relationship between within-team competition and team processes, which confirms the motivational power and empowering nature of within-team competition (mainly team development competition). Third, it proposes and empirically tests the effects of team collectivism on within-team competition and team empowerment.

Conceptual background and hypothesis development

Within-team competition

A number of trends in the literature of interpersonal competition and team competition suggest that within-team competition should not be considered unidimensional. First, the extant literature offers mixed results about the relationship between competition and performance/outcomes. Some studies suggest that competition facilitates motivation and performance (Abuhamdeh and Csikszentmihalyi, 2009; Stanne et al., 1999; Tauer and Harackiewicz, 2004), while others demonstrate that competition has a negative effect on group cohesiveness, effectiveness and friendships (Johnson et al., 1981; Tjosvold et al., 2003a). Some research finds that competitive team structure enhances

task speed, but not accuracy, in the experimental context (Beersma et al., 2003; Johnson et al., 2006). A few studies indicate that constructive competition does exist and contributes to task effectiveness, social support, strong positive relationships, enjoyment of team experience, desire to participate within a team and confidence in working collaboratively with competitors in the future (Fülöp, 2009; Janssen et al., 1999; Tjosvold et al., 2003a). Similarly, the literature on 'constructive controversy' suggests that because team members in such a competitive environment are more likely to exchange diverse viewpoints and raise serious issues, team conflict could lead to positive outcomes, such as team performance (Bhatnagar and Tjosvold, 2012), better managerial decision making (Tjosvold et al., 1986), and risk taking and innovation (Tjosvold and Yu, 2007). In addition, research has found that constructively managing team members' emotions (e.g. anger and annoyance) could lead to positive team outcomes (Tjosvold and Su, 2007). However, meta-analytic evidence (De Dreu and Weingart, 2003) shows that task conflict typically hinders team performance.

Second, at the personal and interpersonal levels, some theorists have proposed various types of competition that differ in terms of the motivations for competing, the ways in which team members manage competition in their relationships with their opponents, the intensity of the competition, and their emotions during the competition (e.g. Ryckman et al., 1994, 1996). Ryckman et al. (1996) argued that individuals can possess two types of competition: hypercompetition (which could be psychologically harmful) and personal development competition (potentially psychologically healthy). Hypercompetition refers to 'an indiscriminate need by individuals to compete and win (and to avoid losing) at any cost as a means of maintaining or enhancing feelings of self-worth, with an attendant orientation of manipulation, aggressiveness, exploitation, and denigration of others' (Ryckman et al., 1996: 374–375). Personal development competition is an attitude 'in which the primary focus is not on the outcome (i.e. winning), but more on enjoyment and mastery of the task' (Ryckman et al., 1996: 375).

Prior research has examined the impact of interpersonal competition on interpersonal relationships, as well as how interpersonal competition affects intrinsic motivation and performance (Reeve and Deci, 1996; Tauer and Harackiewicz, 2004; Vansteenkiste and Deci, 2003). Different interpersonal competitive attitudes have significant implications for personal performance and interpersonal relationships (Ryckman et al., 1994, 1996, 1997). Competition in the workplace also affects *individual* employees' attitudes, stress and performance (Brown et al., 1998). What has been lacking in the literature is twofold. First, there is a scarcity of research on the impact of within-team competition on team knowledge sharing and team flexibility (Hansen et al., 2005; Örtenblad, 2004; Tjosvold et al., 2003a; Van Den Broek et al., 2008). As noted previously, they are important performance indicators of effective teams. Second, there is a lack of research on the impact of different types of competition. Nevertheless, a few studies have examined the effects of a team competitive reward structure (Beersma et al., 2003; Johnson et al., 2006) and these studies offer some promising initial evidence of the relevance of within-team competition to team dynamics, which may have implications for knowledge sharing and team flexibility.

Based on the above reasoning, we propose that within-team competition includes both team hypercompetition (Ryckman et al., 1997) and team development competition

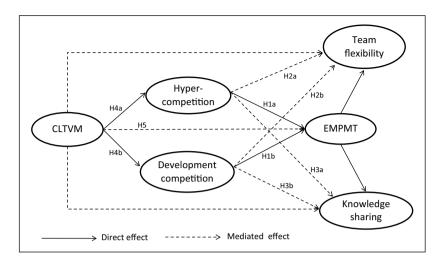


Figure 1. Conceptual model and hypotheses *Note*: CLTVM=Collectivism; EMPMT=Team empowerment.

(Ryckman et al., 1996; Tjosvold et al., 2003a). The two types of competition can coexist within a team. For example, a team's competition can take place among members competing for the benefits of both personal gain and team performance; team performance does not necessarily undermine personal gain. However, a team's competition can be dominated by a prevailing purpose of maximizing personal goals, with only little concern for the team's benefits. Furthermore, we expect that team hypercompetition negatively relates to (via team empowerment) within-team knowledge sharing and team flexibility. On the antecedent side, we propose that team collectivism affects within-team competition and empowerment. Figure 1 illustrates the conceptual model and associated hypotheses this study aims to test. We elaborate on these relationships in the following sections.

Knowledge sharing and team flexibility

Knowledge is an important attribute for successful and effective teams (Foss et al., 2010; Haas and Hansen, 2007; Payne et al., 2009; Srivastava et al., 2006). Knowledge sharing within organizations has been widely examined regarding its motivational factors, such as extrinsic motivations of incentives and expected rewards (Lin, 2007; Quigley et al., 2007), intrinsic motivations of empowerment (Srivastava et al., 2006), coordination mechanisms (Tsai, 2002) and knowledge networks (Hansen, 2002). Although prior studies on knowledge sharing have examined team-level factors (e.g. transactive memory system) (Brandon and Hollingshead, 2004), the dependent variables tend to be either knowledge-seeking behaviors (Hansen et al., 2005) or external knowledge sharing (Cummings, 2004), as opposed to knowledge sharing among team members.

In addition to knowledge sharing, another important team outcome is team flexibility, which refers to team ability (or adaptation) in response to environmental changes to

ensure survival in the face of uncertainty (Li et al., 2010; McComb et al., 2007). Team flexibility is important because it helps to achieve a number of organizational benefits, such as increased productivity, competitive advantages, profits and market shares (Li et al., 2010; Townsend et al., 1998). It is essential to assess team flexibility as a key team outcome, because within-team competition could have implications (positive or negative) for a team's capabilities to respond and react flexibly to externally imposed pressures (Li et al., 2010).

Within-team competition and team empowerment

Psychological empowerment refers to increased intrinsic task motivation manifested in a set of cognitions reflecting individuals' orientation to their work roles, such as meaning (i.e. the belief that their work is important), competence (i.e. the perceived ability to perform their tasks), impact (i.e. the degree to which employees feel their work affects the performance of their team) and self-determination (i.e. perceived autonomy at work) (Avolio et al., 2004; Conger and Kanungo, 1988; Spreitzer, 1995a). At the team level, team empowerment is defined as increased task motivation and orientation that result from team members' collective, self-determined, positive assessments of their organizational tasks (Kirkman and Rosen, 1999).

Team hypercompetition and team development competition have differential effects on team empowerment as, under different competitions, team members are motivated to achieve different ends. Under hypercompetition, individual members are driven to achieve their own personal goals as the first priority, even at the cost of team-related goals. Consequently, team members are more likely to feel that it is difficult to make a meaningful impact on the team or its associated tasks, as their efforts may be undermined by other team members. In addition, hypercompetitive situations can engender negative interpersonal affect (e.g. hatred and aggression) and, thus, have a negative effect on within-team interactions, such as sharing knowledge (Kelly and Barsade, 2001; Sy et al., 2005). Similarly, when a team is hypercompetitive, team members tend to individuate (or isolate) themselves from other team members (Ruscher and Fiske, 1990; Ruscher et al., 1991), which, in turn, undermines the conditions necessary for team empowerment, such as a supportive work environment, trust (Kirkman and Rosen, 1999) and subjective well-being (Biron and Bamberger, 2010). Therefore, we hypothesize that team hypercompetition will negatively relate to team empowerment.

Conversely, team development competition stresses the benevolent comparison of achievements among team members and a common goal of team-level accomplishments. First, team development competition is helpful for team empowerment because it intrinsically motivates team members and enables them to respond to unpredictable demands for change without sacrificing team benefit. Second, under team development competition, team members feel a strong sense of a common goal (Algesheimer et al., 2011; Bosch-Sijtsema et al., 2011; Chen et al., 2006; Mehta et al., 2009; Tjosvold et al., 2004), which, in turn, enhances their intention of positively influencing the team. Prior research shows that interpersonal competition could enhance intrinsic motivation (Abuhamdeh and Csikszentmihalyi, 2009; Tauer and Harackiewicz, 2004). Thus:

Hypothesis 1a: Team hypercompetition negatively relates to team empowerment. *Hypothesis 1b*: Team development competition positively relates to team empowerment.

Within-team competition, team empowerment and team flexibility

Empowerment has been found to be an important mediator between different types of team climates (e.g. team-member exchange) and team outcomes (e.g. performance, commitment) (Aryee and Chen, 2006; Liden et al., 2000; Meyerson and Kline, 2008). Similarly, we expect that the relationship between within-team competition and team flexibility is mediated by team empowerment.

Team flexibility represents a team's ability to respond to environmental changes and to ensure survival in the face of uncertainty (Li et al., 2010; McComb et al., 2007). Team flexibility facilitates a number of organizational benefits, such as increased team productivity and competitive advantage. Empowerment is effective in fostering team members and enables them to react to environmental changes with flexibility and agility (Kirkman et al., 2004). Empowered teams have the authority to decide what actions to take in order to deal effectively with challenges in a timely manner (Mathieu et al., 2006). In addition, empowered team members feel liberated to better execute job processes, freer to organize their work, and more able to implement different performance strategies and coordinate their job activities to meet performance goals. This leads to improved team flexibility (Kirkman et al., 2004). Therefore, those who perceive stronger empowerment within their teams are more cognitively flexible and better at solving problems (Biron and Bamberger, 2010; Swafford et al., 2006). Collectively, when teams are empowered, proactive behaviors such as flexibility, resilience and persistence occur (Chen et al., 2007).

Previous research of empowerment posits that empowerment in workplaces mediates the relationship between the social structural context (e.g. within-team competition) (Russell and Fiske, 2008) and team flexibility (Li et al., 2010; Spreitzer, 1995b). As explained previously (see Hypothesis 1a and Hypothesis 1b), team competitions influence team empowerment, which, in turn, has a positive relationship with team flexibility. We expect that team empowerment mediates the relationships between team competitions and team flexibility. We do not expect these indirect relationships to be partial mediations, as there are no obvious additional reasons, aside from team empowerment, regarding the ways in which within-team competition influences team flexibility. Thus:

Hypothesis 2a: Team empowerment mediates the negative relationship between team hypercompetition and team flexibility.

Hypothesis 2b: Team empowerment mediates the positive relationship between team development competition and team flexibility.

Within-team competition, team empowerment and knowledge sharing

Knowledge sharing prevents the cognitive resources available within a team from being underutilized (Srivastava et al., 2006). Previous studies have proposed empowerment as a critical predictor of team knowledge sharing (e.g. Srivastava et al., 2006). Given that

within-team competition leads to team empowerment, which, in turn, leads to knowledge sharing, we propose that team empowerment acts as a mediator in the path from team competition to team knowledge sharing.

In addition to the indirect effect of within-team competition on knowledge sharing via team empowerment, within-team competition may have a direct relationship with knowledge sharing. One major motive for knowledge sharing is concern for the team's development. Under team development competition with a common collective goal, team members are more likely to engage in knowledge sharing, regardless of whether or not they feel empowered. On the other hand, a major barrier for knowledge sharing is the desire to protect personal knowledge resources (Hansen et al., 2005). Under team hypercompetition, team members are more likely to place their self-interest as the top priority and withhold their knowledge resources. Hence, team development competition tends to encourage knowledge sharing, while team hypercompetition tends to inhibit knowledge sharing.

Hypothesis 3a: Team empowerment partially mediates the negative relationship between team hypercompetition and team knowledge sharing.

Hypothesis 3b: Team empowerment partially mediates the positive relationship between team development competition and team knowledge sharing.

It is important to note that organizational behavior researchers suggest that employees' sense of empowerment is motivated by organizational characteristics (e.g. competition) and it has positive effects on work outcomes (Choi, 2010), such as knowledge sharing and flexibility (Baruch, 1998). Similarly, previous studies indicate that the perception of empowerment is influenced by interpersonal and contextual factors (e.g. development competition among team members), but not vice versa (Tuuli and Rowlinson, 2010).

Team collectivism

Unlike competitive orientation at the personal level, within-team competition (i.e. collective competitive orientation in the team work environment) is more malleable than fixed. People may be very hypercompetitive in their daily lives, but they may also adopt a more developmental competitive orientation for the benefit of their team. Similarly, people may adopt a very developmental competitive orientation for the benefit of their personal development. In their team work environment, on the other hand, they could compete for their own benefit instead of the collective benefit of the team. Therefore, within-team competition may be driven by a team collectivist culture that affects competition in work teams (Gardner et al., 2009; Gundlach et al., 2006).

Within-team collectivism refers to the degree to which a team values loyalty, responsibility and cohesiveness in the team family (Brewer and Venaik, 2011; Robert and Wasti, 2002). The extant literature indicates that collectivism helps to explain the degree of team orientation to which the members stress teamwork in performing team activities and in making collective decisions (Salas et al., 2005, 2007; Thakkar et al., 2011). Research shows that team collectivism positively relates to effective team functioning

(Dierdorff et al., 2011). Collectivism is associated with a high degree of acceptance of group norms, a strong concern for the well-being of the group, a strong orientation toward group goals and a tendency toward positive social interaction (e.g. within-team competition) in group contexts (Dierdorff et al., 2011; Triandis et al., 1988). A team is likely to be permeated by a collectivist culture when the demands and interests of the team take priority over the desires and needs of the individuals on the team (Triandis and Gelfand, 1998), which is suggestive of a positive influence on team development competition and a negative effect on team hypercompetition. Team development competition can be more easily achieved within a collectivist environment because collectivists look out for the well-being of the entire team, even at the expense of personal interests (Leung and Bond, 1984). Recent research has related collectivism to constructive competition (e.g. Fülöp, 2009).

Team collectivism could have a direct impact on team empowerment (Kirkman and Shapiro, 2001) and subsequently affect knowledge sharing and team flexibility (Gundlach et al., 2006). Given that empowerment represents increased task motivation resulting from team members' collective assessments of their team's tasks (Kirkman et al., 2004), teams with a stronger collectivistic culture are more likely to have higher collective psychological empowerment. Collectivism favors interdependence with one's team, supporting a tight social framework in which members expect others on their team to look after their interests and protect them when they are in trouble (Sigler and Pearson, 2000). The social support component of collectivism increases psychological empowerment through positive reinforcement of employee actions that assist the team in meeting its goals (Sigler and Pearson, 2000). Thus, even after controlling for the effects of withinteam competition, team collectivism can still have a significant positive relationship with team empowerment. Therefore, we hypothesize:

Hypothesis 4a: Team collectivism negatively relates to within-team hypercompetition.

Hypothesis 4b: Team collectivism positively relates to within-team development competition.

Hypothesis 5a: Within-team hypercompetition partially mediates the relationship between team collectivism and team empowerment.

Hypothesis 5b: Within-team development competition partially mediates the relationship between team collectivism and team empowerment.

Hypothesis 5c: Team collectivism positively relates to team empowerment.

Methods

Sample and data collection

We conducted a survey of professionals working in hybrid-virtual teams (mainly in the areas of research and development [R&D], management information systems [MIS], human resources management [HRM], marketing and production) of IT firms in Taiwan. Hybrid-virtual teams, compared with pure virtual teams, are teams that rely on both technology-supported virtual channels and face-to-face contacts (Dixon and Panteli, 2010; Fiol and O'Connor, 2005). Virtual platforms of team management are becoming

increasingly pervasive in many intra-organizational and inter-organizational forms (Kirkman et al., 2004; O'Leary and Cummings, 2007; O'Leary and Mortensen, 2010). We selected IT firms due to the ubiquity of virtual teams of professional knowledge workers within IT firms.

Based on prior studies on virtual teams (Kirkman and Mathieu, 2005; Maznevski and Chudoba, 2000), we define a knowledge-intensive virtual team as a virtual relationship of knowledge workers that is mostly conducted over webs of communication technologies and guided by a common purpose of fulfilling certain knowledge-intensive tasks and functions. The typical knowledge-intensive virtual teams surveyed in this study are relevant to test our proposed model, because such teams often have a high potential conflict of interest among individual knowledge workers and between individual knowledge workers and the team (Alvesson, 2000), making within-team competition a salient issue for knowledge-intensive teams. In addition, both empowerment and knowledge sharing have been considered crucial mechanisms for effective knowledge-intensive tasks (Alvesson, 2000).

A total of 24 large IT firms in two well-known science parks in Taipei and Hsinchu agreed to participate in this study. The firms provided a diverse sample of virtual teams that rely heavily on e-mail, chat tools, online conferencing, instant messaging and other online systems to accomplish their teamwork. We surveyed five members from each team, including four team members and the team leader (or team supervisor). When a leader supervised more than one team, we only surveyed one of his or her teams to avoid confusion. The team leaders randomly distributed four questionnaires (sealed in envelopes) to their subordinates, who returned the completed questionnaire directly to onsite research assistants. Of the 775 questionnaires distributed to the members of 155 teams (with an average team size of 12.26 members per team), 680 usable questionnaires from 141 teams were returned, for a questionnaire response rate of 87.74 percent. This high response rate (Baruch and Holtom, 2008) was achieved partially due to a gift voucher incentive. A gift voucher of NT\$100 (about US\$3.35) was provided to every survey respondent. Regarding the representativeness of our sample with regard to the total population, our average team sample represents 41 percent of the total population of all the teams, which could have a potential impact on the accuracy of model estimation results. Nesterkin and Ganster (forthcoming) suggested that such a potential impact could be judged based on the response rate, intraclass correlation coefficient (ICC) (1), and effect size. With an average ICC (1) of our variables being 0.19, and based on their simulation results (see Nesterkin and Ganster, forthcoming: 11), our observed effect sizes could have been underestimated by about 40 percent.

Measures

We measured the constructs in this study using five-point Likert scales ranging from *strongly disagree* (1) to *strongly agree* (5). Most measures were drawn and modified from the existing literature to fit the research context. A number of steps were employed in finalizing the measurement items, which were first refined by three management professors working in the field. The refined scale items were then translated into Chinese (Brislin, 1970). At this point, we conducted several informal focus groups with executive

MBA students to repeatedly discuss and examine the items' face validity and representativeness of the two dimensions of within-team competition. Finally, we conducted three pilot studies to assess the quality of our measures and improve item readability and clarity. Some items were reworded or removed following exploratory factor analysis of the three pilot studies (subjects were professionals in the IT industry taking evening college classes; n = 59, 73 and 65). Team members, including team leaders – who are also team members – completed all of the measures. This is because the team supervisors are also team members (not external to the teams).

Within-team competition. We developed a seven-item team hypercompetition scale based on the information obtained during an informal focus group with managers (executive MBA students) and by referring to the research outlined above, particularly the personal level constructs of personal hypercompetition (Ryckman et al., 1994), between-partner competitive goals (Wong et al., 2005) and psychological competitive climates (Brown et al., 1998; Fletcher et al., 2008). Items considered inappropriate were reworded by our focus group or removed from our questionnaire after the three pilot tests, using exploratory factor analysis. A sample item is: 'Our team members have a "win–lose" relationship.'

Based on the same approach, we constructed a four-item team development competition scale, based on the personal development competition scale (Ryckman et al., 1996) and interpersonal constructive competition (Tjosvold et al., 2003a). We referred to two primary attributes of constructive competition: procedure fairness and the low importance of winning (Tjosvold et al., 2003a) and the importance of achieving a collective goal (Tjosvold et al., 2004). A sample item is: 'Our team members compete with each other with strong sportsmanship.' The scale of within-team competition was verified via a series of pilot tests among executive MBA students. In an analysis of the main sample, the internal reliability (based on Cronbach's alpha score) of team hypercompetition was 0.87, and that of team development competition was 0.92. Appendix A lists the measurements items for within-team competition.

Team empowerment. We measured team empowerment with nine items from a shortened version of the team empowerment scale from Kirkman et al.'s (2004) empowerment scale, reaching an equivalent internal reliability (based on Cronbach's alpha score) of 0.93. All items loaded to one global dimension of empowerment. We removed two items due to low item-to-total correlations.

Knowledge sharing. We measured knowledge sharing with a four-item scale based on Lin (2010). In this study, for instance, an original item, 'I share my job experience with my online coworkers,' was modified to 'Our team members share job experiences with one another.' The internal reliability (based on Cronbach's alpha score) of this construct was 0.94.

Team flexibility. We measured team flexibility using four items modified from Ryu et al.'s (2007) measure to fit the team context. The original scale was developed by Heide and John (1992) to measure manufacturer—supplier relationship flexibility as a dimension of relationship norms. Ryu et al. (2007) added one additional item to the original three items. Because team flexibility (in our study) deals with the within-team relational

norms, we modified the items slightly for this study. For example, an original item, 'Both our company and this supplier expect to be able to make any adjustments necessary to cope with changing circumstances,' was modified to 'Our team members are able to make any adjustments necessary to cope with changing circumstances.' We checked the face validity of the modified items with pertinent professors and executive MBA student focus groups. The internal reliability (based on Cronbach's alpha score) was 0.94.

Team collectivism. We measured team collectivism with seven items slightly reworded from the organizational collectivism scale developed by Robert and Wasti (2002). For example, an original item, 'Once someone is hired, the organization takes care of that person's overall welfare,' was reworded slightly to 'Once someone is hired, the team takes care of that person's overall welfare.' To ensure that we measured collectivism at the team level, we clearly instructed the respondents to refer to their work teams when answering pertinent questions. The internal reliability (based on Cronbach's alpha score) was 0.91.

The quality of survey data mainly depends on (1) the nature of the questions asked and (2) the intention and characteristics of the sample subjects (Fetters et al., 1984). Our data collection pertinently meets these two criteria. First, our measurement items were drawn and modified from previous studies, and then refined and validated by focus groups and three pilot studies. Second, during the survey, we obtained strong support from our sample firms, whose personnel departments carefully helped distribute the anonymous questionnaires to team leaders who expressed willingness to volunteer, and then traced the status of the returned questionnaires. Moreover, a gift voucher was provided to every participant to motivate their discreet responses. These procedural measures helped to reduce the potential bias of careless or non-purposeful responding. As a result, we had to remove only eight observations that were deemed to be careless or non-purposeful responses. We also checked whether participants were members of interdependent teams with a shared objective. First, only enduring teams with clear, shared objectives and tasks were selected. Second, only team members who contributed to the core functions of the teams were invited to participate in the survey.

Measurement properties. We performed a number of tests to confirm the validity of the measures of within-team competition for the main study at the individual respondent level. First, we tested the validity of the scales for within-team competition. Because we obtained only one large sample, we randomly split the sample into halves. We used the first half of the sample (n = 349) to conduct confirmatory factor analyses (CFA), using maximum likelihood estimation (AMOS 18). The proposed two-factor model (team hypercompetition versus team development competition) achieved a good fit: $\chi^2 = 116.782$ (43), $\chi^2/d.f. = 2.714$, incremental fit index (IFI) = 0.961, confirmatory fit index (CFI) = 0.961 and root mean square error of approximation (RMSEA) = 0.070. All factor loadings were significant and above a 0.50 threshold, with an average variance extracted (AVE) score for team hypercompetition of 0.51 and an AVE score of 0.55 for team development competition. The square roots of both AVE scores were higher than the correlation between the two factors (r = -0.41) (Fornell and Larcker, 1981). In contrast, a one-factor model (combining two factors into one factor) had an extremely poor fit: $\chi^2 = 462.946$ (44), $\chi^2/d.f. = 10.521$, IFI = 0.779, CFI = 0.777 and RMSEA = 0.165.

Second, we used the full sample to test the CFA model for all the measures. The model achieved an adequate fit: $\chi^2 = 1762.594$ (480), $\chi^2/d.f. = 3.672$, IFI = 0.911, CFI = 0.910 and RMSEA = 0.062. All factor loadings were significant and above a 0.50 threshold, with adequate AVE scores: team hypercompetition (0.55), team development competition (0.51), team collectivism (0.53), team empowerment (0.53), team knowledge sharing (0.74) and team flexibility (0.69). The square roots of all AVE scores were higher than the correlations of all the possible pairs involving any focal variables. Thus, discriminant validities were supported. This, in turn, largely supports the absence of severe common method bias. To provide further evidence to the CFA, we then conducted a multi-group CFA using both the first and second halves of the sample, which showed no significant differences in the model fit between the two samples (p > 0.10). To further test the common method bias, we first ran a one-factor model (a CFA version of Harman's single factor test) that loads all indicators to a common factor. This model was extremely poor: $\chi^2 = 7428.055$ (495), $\chi^2/d.f. = 15.006$, IFI = 0.515, CFI = 0.517 and RMSEA = 0.142. We then conducted a series of model comparisons, comparing the proposed sixfactor CFA model with a series of five-factor CFA models that combined our focal variables (either team hypercompetition or team development competition) with one of the remaining variables. Appendix B presents the model comparisons, which show that the proposed model is superior to all of the other competing measurement models.

Results

We checked the inter-rater agreement coefficients ($r_{\rm wg}$: James et al., 1984) before aggregating individual measures into team-level aggregate measures. The coefficients of $r_{\rm wg}$ (mean) for each construct were 0.82 or larger (see Table 1), which were all higher than the cutoff value of 0.70, confirming a strong inter-rater agreement (James et al., 1984). In addition, we calculated both ICC (1) and ICC (2) (see Table 1). ICC (1) measures the inter-rater reliability, representing the amount of variance in any one individual's response that can be explained by group membership. All ICC (1) values exceeded the accepted cutoff value of 0.12 (De Jong and Elfring, 2010; Glick, 1985), ranging from 0.13 to 0.26. ICC (1) should be used as the primary base for deciding appropriateness of aggregating perceptual variables into group-level data (James, 1982). ICC (2) measures the reliability of group means and is highly subject to the number of respondents per team; therefore, its value should not be assessed alone (De Jong and Elfring, 2010; James, 1982). Table 1 presents the descriptive statistics, including $r_{\rm wg}$, ICC (1) and ICC (2), at the team level.

To test the proposed model at the team level, we applied the partial aggregation approach of structural equation modeling, as it better suits small samples (Bentler and Chou, 1987). At the team level, the sample size was n = 141, but there were over 35 original observed items. Partial aggregation approach enhances the model fit without weeding out any items and meets the criterion of the sample size requirement at the team level (Bentler and Chou, 1987; Little et al., 2002). We ran a CFA with the team level data and the CFA model achieved an acceptable fit: $\chi^2 = 230.479$ (120), $\chi^2/d.f. = 1.921$, IFI = 0.957, CFI = 0.957 and RMSEA = 0.081. The AVE scores of all latent variables were above the 0.50 threshold. All AVEs were higher than the squared correlations of any two focal variables, which supports the discriminant validity test (Fornell and

Table 1. Team level of	descriptive statistics.
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	1	2	3	4	5	6
I. Knowledge sharing	.86					
2. Team flexibility	.50**	.83				
3. Team empowerment	.66**	.65**	.73			
4. Team development competition	.60**	.57**	.67**	.71		
5. Team hypercompetition	47 *	42**	44**	62**	.74	
6. Team collectivism	.39**	.51**	.53**	.57**	34**	.73
Mean	3.92	3.76	3.74	2.47	3.65	3.45
SD	.37	.35	.31	.46	.32	.39
AVE	.74	.69	.53	.51	.55	.53
Cronbach's Alpha	.94	.94	.93	.92	.87	.91
r _{wg} Mean	.84	.87	.90	.85	.82	.84
ıccı	.14	.22	.20	.13	.26	.21
ICC2	.44	.58	.55	.42	.63	.57

AVE = Average variance extracted. Diagonal represents square roots of AVE scores.

Larcker, 1981). We also tested the common method bias at the team level, following the same procedure as that used at the individual level. One factor CFA model was extremely poor: $\chi^2 = 1272.986$ (135), $\chi^2/d.f. = 9.430$, IFI = 0.559, CFI = 0.556 and RMSEA = 0.245. Appendix B (see the lower part of the table) also presents the model comparison results at the team-level analyses. The proposed six-factor structure was clearly superior to all of the other models.

We employed structural equation modeling to test our model (see Figure 1). Initially, we added a number of team control variables (i.e. team ratios in gender, age, education and expatriate members), with none being a significant predictor, and removed them for the sake of model parsimony. The model achieved an adequate fit: $\chi^2 = 283.787$ (121), $\chi^2/d.f. = 2.345$, IFI = 0.936, CFI = 0.936 and RMSEA = 0.098. Table 2 also presents the model fit comparison between the proposed model and a couple of competing models, the explanation for which can be found in the notes for Table 2.

Hypotheses testing

Table 3 presents the estimation results for the proposed model. We calculated the size and significance of the indirect effects based on Sobel tests (Baron and Kenny, 1986; MacKinnon et al., 2007). Table 4 presents indirect effects. Figure 2 presents a visual model with the significant direct and total significant indirect effects.

Effects of within-team competition. Hypothesis 1a states that team empowerment is negatively influenced by team hypercompetition. Hypothesis 1b states that team empowerment is positively influenced by team development competition. Both hypotheses are supported ($\beta = -0.13$, p < 0.05 and $\beta = 0.58$, p < 0.01, respectively; see Table 3).

^{*}p < .05

^{10. &}gt; q**

Table 2. Structure model fit comparison.

	χ^2	d.f.	χ²/d.f. IFI	CFI	RMSEA	Comparison note
Proposed model Competing model I						Base model $\Delta \gamma^2 = 8.536/2 \text{d.f.}, p = .014$
Competing model 2						$\Delta \chi^2 = 45.464/2 \text{d.f.}, p < .000$

Note:

Table 3. Results of structural models.

	β	t
$ \overline{ \text{Collectivism} \rightarrow \text{Hypercompetition} } $	43**	7.58
Collectivism → Development competition	.51**	-4.93
Collectivism o Empowerment	.18*	2.34
	13*	-2.32
Development competition \rightarrow Empowerment	.58**	5.51
Collectivism → Team flexibility	.09	1.08
Hypercompetition → Team flexibility	06	55
Development competition → Team flexibility	.00	.00
Empowerment →Team flexibility	.67***	5.54
Collectivism \rightarrow Knowledge sharing	05	55
Hypercompetition \rightarrow Knowledge sharing	I 4 *	-1.98
Development competition → Knowledge sharing	.30*	1.97
Empowerment →Knowledge sharing	.52**	3.72
R ²		
Hypercompetition	.18	
Development competition	.45	
Empowerment	.62	
Team flexibility	.57	
Knowledge sharing	.47	

^{10. &}gt; q†

Hypothesis 2a states that team empowerment mediates the effects of team hypercompetition. Hypothesis 2b states that team empowerment mediates the effect of team development competition on team flexibility. Both hypercompetition and development competition are significantly related to team empowerment (see Table 3, β = -0.13, p < 0.05 and β = 0.58, p < 0.01, respectively). In addition, team empowerment is positively

^{&#}x27;Competing model I' is a model that assumes only indirect effect of within-team competition on knowledge sharing via team empowerment without direct effects.

^{&#}x27;Competing model 2' is a model that assumes only direct effect of within-team competition on knowledge sharing without indirect effects via team empowerment.

^{*}p < .05

^{10. &}gt; q**

Two-tailed test

Table 4. Significant indirect effects.

Dependent variables (below)	Collectivism	Hyper- competition (HC)	Development competition (DC)
Empowerment (EMPT)	.06* (t = 2.22) via HC .30** (t = 3.67) via DC		
Team flexibility	.12* (t = 2.16) via EMPT .04* (t = 2.06) via HC+EMPT .20** (t = 3.06) via DC+EMPT	09* (t = 2.14) via EMPT	.39** (t = 3.91) via EMPT
Knowledge sharing	.09* (t = 1.98) via EMPT .06† (t = 1.92) via HC .15† (t = 1.83) via DC .03† (t = 1.90) via HC+EMPT .16** (t = 2.61) via DC+EMPT	07* (t = 1.97) via EMPT	.30** (t = 3.081) via EMPT

^{10. &}gt; 4†

Two-tailed test

related to team flexibility (β = 0.67, p < 0.01). Indirect effect tests (see Table 4) show that both Hypotheses 2a and 2b are supported (β = -0.09, p < 0.05 and β = 0.39, p < 0.01, respectively). However, when team empowerment is controlled for in the full model (see Table 3), neither hypercompetition nor development competition significantly relates to team flexibility (β = -0.06, NS and β = 0.00, NS, respectively), which suggests a full mediation relationship among within-team competition, team empowerment and team flexibility.

Hypotheses 3a and 3b state that team empowerment mediates the effects of (a) team hypercompetition and (b) team development competition, respectively, on knowledge sharing. Hypotheses 3a and 3b are supported (β = -0.07, p < 0.05 and β = 0.30, p < 0.01, respectively; see Table 4). In addition, both team hypercompetition and team development competition have direct effects on knowledge sharing (β = -0.14, p < 0.05 and β = 0.30, p < 0.05, respectively; see Table 3), suggesting that team empowerment partially mediates the effects of within-team competition on knowledge sharing.

Effects of collectivism. Hypotheses 4a and 4b state that team collectivism (a) negatively affects team hypercompetition and (b) positively influences team development competition, respectively. Hypothesis 4a and Hypothesis 4b are supported ($\beta = -0.43$, p < 0.01

^{*}p < .05

^{10. &}gt; q**

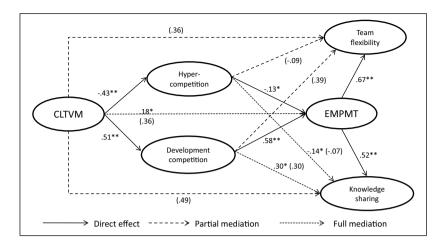


Figure 2. Model with path coefficients.

Note: Only significant effects are shown. In-bracket shows the total significant indirect effects. Detailed coefficient estimations of the indirect paths are available in Table 4. CLTVM = Collectivism; EMPMT = Team Empowerment.

and $\beta=0.51$, p<0.01, respectively; see Table 3). In addition, Table 4 shows that team collectivism has significant indirect effects on team empowerment via both team hypercompetition ($\beta=0.06$, p<0.05) and team development competition ($\beta=0.30$, p<0.01). Thus, Hypotheses 5a and 5b are supported.

Hypothesis 5c states that team collectivism positively relates to team empowerment. Hypothesis 5c is supported ($\beta = 0.18$, p < 0.05). Finally, team collectivism also has significant indirect effects on both team flexibility and team knowledge sharing (see Table 4 for detailed paths), which suggests that team empowerment mediates the effects of team collectivism on both team flexibility and team knowledge sharing.

Discussion

Previous research offers a limited understanding of the effect of within-team competition on team flexibility and knowledge sharing. We proposed that within-team competition comprises two distinct dimensions: team hypercompetition and team development competition. In addition, we modeled the effects of within-team competition on team flexibility and team knowledge sharing by stressing the pivotal mediating role of team empowerment. We also integrated team collectivism as an antecedent of within-team competition. This study offers a number of original contributions to the literature.

First, this research contributes to the debate on the impact of within-team competition on team processes. Prior research studies offer competing views regarding the desirability of within-team competition (Fletcher et al., 2008), with one view suggesting that it motivates team members to work harder (Crawford and LePine, 2012) and a contrasting view believing that it discourages members from working together and undermines the

collective performance (Zhang et al., 2011). To address these seemingly irreconcilable opinions, this research extends the theoretical lens of within-team competition to understand knowledge sharing and team flexibility. Prior research at the interpersonal level suggests that competition can be both hypercompetitive and self-developmental (Ryckman et al., 1994, 1996). Our study extends this interpersonal competition typology to the team level and proposes within-team competition as a synonymous, two-dimensional construct. Doing so contributes to the explanation of the mixed results of the effects of within-team competition in the extant literature. Similar to the effects of competitive orientation at the personal level, team level competitive orientations play similar positive and negative roles in team effectiveness, in that team hypercompetition tends to be detrimental to the team, while team development competition tends to contribute to team effectiveness.

Second, drawing on the theory of team empowerment (Srivastava et al., 2006), we support a motivational-empowering (ME) power of within-team competition on team processes. This ME power of competition suggests that team empowerment acts as a mediation mechanism between within-team competition and team knowledge sharing and team flexibility. However, our research found that after controlling for the effect of team empowerment, within-team competition still has a significant relationship with team knowledge sharing. This finding suggests that team empowerment is not the only mechanism for within-team competition to affect knowledge sharing. This is not surprising, as team development competition aligns the self-interest with the common team interest, thus encouraging knowledge sharing; team hypercompetition, however, inhibits knowledge sharing so that team members might protect their own interests though preserving knowledge resources. On the other hand, team empowerment was found to mediate fully the relationship between within-team competition and team flexibility, which suggests that the strength of the ME power of within-team competition differs, depending on the specific team processes or outcomes.

Third, we offer an integrated framework of various factors (e.g. team collectivism, within-team competition and team empowerment) and their impact on knowledge sharing and team flexibility. The theoretical framework of this research places within-team competition as the pivotal factor of team dynamics. While previous studies have indicated that organizational members may hoard knowledge, the mechanisms (e.g. withinteam competition) that prevent them from doing so have not been elucidated (Hansen et al., 2005). Although prior research suggests the existence of an important relationship between collectivism and empowerment (e.g. Downing et al., 2003; Kirkman and Shapiro, 2001), few studies examine their relationship at the team level or identify the mechanism. Our research supports the concept that team collectivism positively relates to team empowerment, partly due to its impact on within-team competition. In summary, our research confirms, for the first time, the empowering role of team collectivism in team processes and supports the concept that within-team competition helps explain this empowering effect. Due to the partial nature of the mediation role of withinteam competition in the relationship between team collectivism and team empowerment, future research should aim to identify other mechanisms of the empowering effect of team collectivism.

Managerial implications

Our findings add to managerial knowledge by unveiling the role and relevance of withinteam competition in facilitating team knowledge sharing and team flexibility. This study conceptualizes two essential elements of competition and clarifies the mechanisms through which competition may be effectively used or reduced. Knowledge about the influential processes of within-team competition becomes critical as management increasingly counts on teamwork to achieve organizational goals, despite the fact that motivating teamwork is never simple (Srivastava et al., 2006). Managers who wish to make good use of a reward structure for within-team competition should be able to identify the difference between development competition and hypercompetition. For example, cut-throat competition may unexpectedly emerge if managers unintentionally push hypercompetition without knowing about the existence of development competition, which actually plays a major role in improving knowledge sharing and team flexibility. Employers, managers and team leaders should recognize the role and relevance that team competition plays in the teamwork process. Such realization may be reflected in better team empowerment, as well as increased team knowledge sharing and team flexibility. In particular, we advocate making a clear distinction between team hypercompetition and team development competition; the latter provides positive team processes, while the former results in a negative impact. Therefore, management should not simplify the concept of team competition too much. Management may have to accommodate both the positive and negative effects of competition when overseeing the different competitions that may occur among team members. We argue that it is a challenge to reach team development competition, while the outcomes justify the efforts of a team. Factors enabling positive outcomes can be enhanced by generating and encouraging a collectivistic team culture, as our results show that team collectivism relates to team development competition positively and team hypercompetition negatively, which, in turn, influences team empowerment and outcomes positively and negatively, respectively. We argue that managing team competition is especially important for knowledge workers (Alvesson, 2000), such as professors working in research-intensive universities and institutes, consultants working on team projects and various knowledge workers working in IT firms (as demonstrated by our sample). Collectivism is a spirit that can be substantially enhanced if team members are given the opportunities to strengthen such spirit through team activities, such as participation in decision making, pursuit of common goals and sharing teamwork responsibility. Meanwhile, managers can plan social events for their teams in an informal setting, such as lunch on a set day of each week or a pleasant outing every few months. While praising individuals' experience, special skills or quality of work, managers should keep reminding their subordinates that everyone is expected to embrace a 'one-for-all, all-for-one' spirit within the team.

Our empirical results indicate that empowerment is a critical checkpoint for management when evaluating the impact of competition on team knowledge sharing and team flexibility. We point out a move from empowering individuals (Thomas and Velthouse, 1990) to empowering entire teams. Given that competition is inevitable in a team, the status of empowerment may be an important signal for management to relieve the potential negative effect of harmful competition in a timely manner. To improve the performance of

teams, management needs to take the concept of empowerment seriously and find ways to encourage positive competition within teams. Firms should empower teams in their decision making and allow teams to be flexible and self-managed.

Limitations and future research

First, we acknowledge that the study is limited in terms of generalizability, as it took place in one country (Taiwan) in a particular culture (the Far East). Future research should examine further antecedents beyond within-team competition. It may be important to compare key success factors of teamwork across Asian and western countries by using the framework of this study. Second, future research can examine how firm-level variables (e.g. a firm's culture, market strategies, outsourcing strategies, resource allocation and alliances) influence team-level development competition and hypercompetition. Third, this research draws upon the literature on team competition and its relevant theories to predict some team processes. Yet, there is a parallel literature on team interdependency that could be related to team competition. For example, task interdependence is defined as the degree to which completing tasks requires the interaction of team members (Horwitz and Horwitz, 2007). Similarly, outcome interdependence is defined as the degree to which individuals perceive that their goals are interdependent with each other (Ghobadi and D'Ambra, 2013). These two streams of research could be integrated in a way that leads team interdependence to team competition. Future research can explore how to integrate these two constructs to build a more comprehensive and integrative model.

Fourth, this study used a sample of hybrid virtual teams. In our sample, teams are relatively homogeneous in terms of their degrees of virtuality. However, it might not always be the case; it would be particularly interesting to examine how team virtuality would affect team dynamism along with within-team competition (Kirkman and Mathieu, 2005; Staples and Webster, 2008). Fifth, the data collected to test our theoretical model are cross-sectional by nature. Therefore, caution needs to be taken in claiming the causal relationships. Although this research and some prior research have supported significant relationships among the variables in question, there is a lack of definitive data on the causal direction of these relationships. To establish the causal relationships more firmly, future research should adopt an experimental or longitudinal research design. In a longitudinal design, for example, future research can measure within-team competition and its dependent variables at different time waves, in the follower order: within-team competition (wave 1), team empowerment (wave 2) and team knowledge sharing and team flexibility (wave 3). In an experimental design, different interventions can be randomly assigned to different teams to induce different types of within-team competition. Such interventions may involve introducing different team policies on how team members can compete with one another and/or confederates (if ethically appropriate) to create different within-team competitions for different teams. Measures of team processes and outcomes can then be captured at different stages after the intervention. Sixth, this study is limited by the use of a common source method, in that we measured all variables with a single survey instrument. Future research would benefit from applying multiple sources and/or a longitudinal design to collect the data. Finally, the results of this study need to be interpreted in terms of the potential impact of the nonresponse rate of the team members. As noted in the Methods section, our average team sample represents 41 percent of the total population of all teams, which could make our observed effect sizes underestimated by 40 percent (see Nesterkin and Ganster, forthcoming: 11). Despite these limitations, this research makes valuable contributions to the literature by operationalizing the concept of within-team competition into two-dimensional factors and integrating them into a framework that explains how they relate to important team processes (i.e. team empowerment, team knowledge sharing and team flexibility).

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Appendix A: Measurement items for within-team competition

Team flexibility

Our team members are flexible with respect to our team's request for changes.

Our team members are able to make any adjustments necessary to cope with changing circumstances.

When an unexpected situation arises, our team members would prefer to amend our team agreement (or regulation) rather than to hold each other to the original terms.

Our team members are flexible when dealing with teamwork.

Empowerment

Our team believes that its projects are significant.

Our team feels that its tasks are worthwhile.

Our team feels that its work is meaningful.

Our team can select different ways to do the team's work.

Our team determines as a team how things are done in the team.

Our team makes its own choices without being told by management.

Our team has a positive impact to the company.

Our team performs tasks that matter to this company.

Our team makes a difference in this organization.

Knowledge sharing

Our team members share job experience with one another.

Our team members share expertise at the request of one another.

Our team members share ideas about jobs with one another.

Our team members provide their suggestions about jobs with one another.

Team hypercompetition

Our team members have a 'win-lose' relationship.

Team members' goals are incompatible with each other.

Team members give high priority to the things they want to accomplish and low priority to the things other team members want to accomplish.

When there is a rivalry between team members, nothing matters to them as long as the means serves the end.

When there is a rivalry between team members, our team members often do whatever it takes to compete against others.

When there is a rivalry between team members, they often show that 'the end justifies the means'.

The competition among team members often brings on frustration to the entire team.

Team development competition

Team members follow team rules during their competition with each other.

The competition among team members does not hurt the benefit of the entire team.

The competition among team members positively stimulates the team.

Our team members compete with each other with strong sportsmanship.

Team collectivism

Management and supervisors are protective of and generous to loyal workers.

Decisions about changes in work methods are taken jointly by supervisors and employees.

Employees are taken care of like members of a family.

Everyone shares responsibility for the team's failures as well as success.

Regardless of hierarchical level, employees take each other's views into consideration.

Once someone is hired, the team takes care of that person's overall welfare.

Everyone is kept informed about major decisions that affect the success of the team.

(Continued)

Appendix B. Measurement models comparison

Structure	χ^2	d.f.	χ²/d.f.	Incremental fit index	Confirmatory fit index	Root mean square error of approximation	$\Delta\chi^{2a}$	$\Delta\chi^{2/}$ d.f.ª
Individual level analyses								
Model I: Six-factor	1762.594	480	3.672	116:	016:	.062		
Model 2: Five-factor combining WDC and WHC	2673.404	485	5.512	.848	.847	180.	910.810	182.162
Model 3: Five-factor combining WDC and Collectivism	2518.794	485	5.193	.858	.858	.078	756.200	151.240
Model 4: Five-factor combining WDC and Empowerment	2303.163	485	4.749	.873	.873	.073	540.569	108.114
Model 5: Five-factor combining WDC and KS	2431.641	485	5.014	.865	.864	.076	669.047	133.809
Model 6: Five-factor combining WDC and TF	2642.193	485	5.448	.850	.849	080	879.599	175.920
Model 7: Five-factor combining WHC and Collectivism	3948.318	485	8.14	.759	.758	101.	2185.724	437.145
Model 8: Five-factor combining WHC and Empowerment	3833.071	485	7.903	797.	.766	001.	2070.477	414.095
Model 9: Five-factor combining WHC and KS	3651.143	485	7.528	.780	.778	.097	1888.549	377.710
Model 10: Five-factor combining WDC and TF	3450.706	485	7.115	.794	.793	.094	1688.112	337.622
Model II: One-factor Team level analyses	7428.055	495	15.006	.515	.517	.142	5665.461	377.697
Model I: Six-factor	230.479	120	1.921	.957	.957	180:		
Model 2: Five-factor combining WDC and WHC	392.753	125	3.142	.897	.895	.124	162.274	32.455

Appendix B. (Continued)

Structure	χ^2	d.f.	χ²/d.f.	Incremental fit index	Confirmatory fit index	Root mean square error of approximation	$\Delta\chi^{2\mathrm{a}}$	$\Delta\chi^{2/} d.f.^{a}$
Model 3: Five-factor combining WDC and Collectivism	404.320	125	3.235	.892	168.	.126	173.841	34.768
Model 4: Five-factor combining WDC and Empowerment	319.952	125	2.560	.925	.924	901:	89.473	17.895
Model 5: Five-factor combining WDC and KS	420.186	125	3.361	988.	.885	.130	189.707	37.941
Model 6: Five-factor combining WDC and TF	414.370	125	3.315	888.	.887	.129	183.891	36.778
Model 7: Five-factor combining WHC and Collectivism	560.137	125	4.481	.832	.830	.158	329.658	65.932
Model 8: Five-factor combining WHC and Empowerment	604.260	125	4.834	.815	.813	.165	373.781	74.756
Model 9: Five-factor combining WHC and KS	583.052	125	4.664	.823	.821	.162	300.521	60.104
Model 10: Five-factor combining WDC and TF	603.745	125	4.830	.815	.813	.165	373.266	74.653
Model II: One-factor	1272.986	135	9.430	.559	.556	.245	1042.507	208.501

Note: WDC = With-team development competition; WHC = Within-team hypercompetition; KS = Team knowledge sharing; TF = Team flexibility. $^{3}\chi^{2}$ tests relative to model 1.